



**Teresa M Rafferty**  
Superintendent of Schools  
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## NOTICE REGARDING PHYSICAL EXAMINATION

Dear Parent/Guardian:

New Jersey State law requires a medical examination for students **upon entry into a school district**. In addition, the New Jersey State Board of Education and the New Jersey Department of Health and Senior Services emphasize the importance of subsequent examinations during each of the student's developmental stages. **Kindergarten Students** are required to have a physical exam. New students must have documentation of an entry exam. If your child had a recent physical examination, contact the nurse at your child's school to determine if it will meet the requirements. Physicals must be done by a medical provider (MD, DO, PA, or AP) who is licensed to practice in the United States. For September admission, physicals done on or after September 1, 2016 will be accepted.

The primary responsibility for the total health needs of the school child rests with the family and the child's own healthcare provider. A physical examination by a private provider allows for a more thorough and individual approach. It also provides the opportunity for additional immunizations if needed.

Please have the physical examination form completed by your healthcare provider and return the form to the Health Office by

### SEPTEMBER 2017

Healthcare providers must be licensed in the United States.

Any questions or concerns can be directed to the nurse at your child's school.

Sincerely,

*Deborah Dawson*

Supervisor of Counseling and Health Services

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**Health History/Record Update**

Pupil's Name \_\_\_\_\_  
Last First Middle Grade (as of September)

Address \_\_\_\_\_ Date of Birth \_\_\_\_\_ Sex \_\_\_\_\_

Father's Name \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

Mother's Name \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

Guardian \_\_\_\_\_ Home Telephone \_\_\_\_\_ Cell # \_\_\_\_\_

The information provided in this update takes the place of any previous information. Health information will be shared with essential staff to assist in your child achieving educational goals.

HEALTH HISTORY		DATE	HEALTH HISTORY		DATE	HEALTH HISTORY		DATE
Allergy - Specify	Y N		Eczema	Y N		Injuries/Broken Bones/Stitches (List)		
			Eyeglasses/Contacts	Y N				
			Hearing Aid	Y N				
			Hearing Difficulties	Y N				
			Heart Disease	Y N				
Asthma	Y N		Hepatitis	Y N				
Autism Spectrum Disorder	Y N		Hematological Disorder	Y N		Operations (List)		
Auto Immune Disorders	Y N		Juvenile Rheumatoid Arthritis	Y N				
Chronic Otitis Media (Ear Infection)	Y N		Lyme Disease	Y N				
Congenital Disorder	Y N		Mononucleosis	Y N				
Convulsive Disorder	Y N		Neuromuscular Disorder	Y N		Hospitalizations (List)		
Diabetes	Y N		Strep Infections	Y N				
Drug Allergies - Specify	Y N		Other Illnesses - Specify	Y N				

**MEDICAL RESTRICTIONS (Attach Physician's Note)**

**CURRENT MEDICATIONS (Prescriptions, Inhaler, EpiPen, etc.)**


**List all Children in Family (Oldest to Youngest)**

Last Name/First Name	Birthdate	Last Name/First Name	Birthdate

Signature of Parent/Guardian \_\_\_\_\_ Date \_\_\_\_\_  
Any additional information can be attached to this form.

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## PHYSICAL EXAMINATION FORM

Pupil's Name \_\_\_\_\_ Birthdate \_\_\_\_\_

School \_\_\_\_\_ Grade \_\_\_\_\_

Immunizations DTP \_\_\_\_\_ DT \_\_\_\_\_ Td \_\_\_\_\_ Tdap \_\_\_\_\_

Polio \_\_\_\_\_ Meningococcal \_\_\_\_\_

MMR \_\_\_\_\_ MMR \_\_\_\_\_ Hep B \_\_\_\_\_ Heb B \_\_\_\_\_ Hep B \_\_\_\_\_

Varicella \_\_\_\_\_ HIB \_\_\_\_\_ PCV \_\_\_\_\_

Pneumococcal Conjugate \_\_\_\_\_ Influenza \_\_\_\_\_

Mantoux Tuberculin Skin Test: Date Administered \_\_\_\_\_ Date Read \_\_\_\_\_ Results \_\_\_\_\_ mm

Last Lead Test \_\_\_\_\_ Lead Test Results \_\_\_\_\_

Height \_\_\_\_\_ Weight \_\_\_\_\_ Blood Pressure \_\_\_\_\_ Hearing \_\_\_\_\_ Vision \_\_\_\_\_

Nutrition \_\_\_\_\_ Skin \_\_\_\_\_ Head \_\_\_\_\_ Eyes \_\_\_\_\_ Ears \_\_\_\_\_ Nose \_\_\_\_\_

Oral (Teeth/Gums) \_\_\_\_\_ Throat \_\_\_\_\_ Neck \_\_\_\_\_ Heart \_\_\_\_\_ Lungs \_\_\_\_\_

Abdomen/Hernia \_\_\_\_\_ Genitalia \_\_\_\_\_ Extremities \_\_\_\_\_ Orthopedic \_\_\_\_\_

Scoliosis \_\_\_\_\_ Remarks \_\_\_\_\_ Neurological \_\_\_\_\_ CBC \_\_\_\_\_ Urinalysis \_\_\_\_\_

History of Illness/Injury \_\_\_\_\_

Medication \_\_\_\_\_

Participation in Physical Education/Sports/Activities \_\_\_\_\_

Remarks/Impressions/Summary \_\_\_\_\_

Physician's Signature \_\_\_\_\_

Date of Exam \_\_\_\_\_